

WALLACE



Handbook
2011-2012

2011-2012 Officers and Board of Directors

President:	Tracy Pichnarcik
Vice President:	Kim Tocci
Treasurer:	Leah Blanchard
Recording Secretary:	Brandi MacDonald
Corresponding Secretary:	Jill Thissen

Board of Directors

Jackie Favreau	Maxine Horrigan
Christopher Johnson	Pam Swain

Synchro Chairperson

Rachel Kopec

Committee Chairs

Audit/Budget	
Calendar/Session Options	Leah Blanchard
Clubroom Manager	
General Membership Meeting	
Handbook	Maxine Horrigan
Winter Exhibition	
Newsletter	Jackie Favreau
Website	Leah Blanchard
Pro Advisor	Kim Tocci
Publicity	Pam Swain
Registration	
Show	
Test Session	Leah Blanchard
Walla Bear Basic Skills Competition	Tracy Pichnarcik

WFSC Professional Coaches

The Wallace Figure Skating Club's main mission is to encourage instructions, practice and advancement of its skating members in all types of figure skating. This includes learn-to-skate, basic skills, field moves, free skating, dancing and synchronized team skating. This service is available to residents of Fitchburg/Leominster and contiguous towns.

About U.S. Figure Skating

Mission Statement: As the national governing body, the mission of U.S. Figure Skating is to provide programs to encourage participation and achievement in the sport of figure skating.

U.S. Figure Skating, the governing body for eligible figure skating on ice in the United States, is comprised of member clubs, collegiate clubs, school-affiliated clubs, Basic Skills Programs as well as individual members. The charter member clubs of U.S. Figure Skating numbered seven in 1921 when the association was formed and when it first became a member of the International Skating Union, the body that governs the sport internationally. Today more than 700 member clubs and 900 Basic Skills programs cover the country from coast to coast and from border to border, and the number of skaters who register on an annual basis total more than 175,000.

Tests – moves in the field, free skating, pairs and dance – are the measurement of progress in the various disciplines of the sport. Official test sessions are conducted by member clubs for their members and members of collegiate clubs as well as for individual members. Under certain conditions, members of other skating associations may also take the U.S. Figure Skating official tests.

Competitions on every level are a principal incentive for figure skaters to train, develop and improve their proficiency. By ascending the competition "ladder," competitors registered with U.S. Figure Skating gain entry into international figure skating events, among them the Olympic Winter Games and World Figure Skating Championships. All figure skating competitions in the United States, especially the regional, sectional and U.S. championships, the steps that must be taken to qualify for international competitions, are sanctioned by U.S. Figure Skating and are conducted by member clubs.

Carnivals, exhibitions and ice shows showcase the talents of figure skaters. Member clubs are eligible to hold figure skating performances in the United States with the sanction of U.S. Figure Skating. Members of member clubs, collegiate clubs, individual members and Basic Skills programs are eligible to participate in such events. In addition, a member club, at its discretion and subject to conditions prescribed in the official rules, may also invite the participation of nonregistered skaters and professionals.

The rules which govern the sport of figure skating on ice – the curriculum, test structure, competition regulations and all related informational material – are the result of the labor of countless dedicated figure skaters throughout the world since the birth of the sport. The official rulebook of U.S. Figure Skating contains this information as well as related educational and instructional material. It is available not only to members of the association but to all who are interested in figure skating on ice to encourage their greater participation in and enjoyment of the sport.

As required by the U.S. Figure Skating bylaws, clubs may not discriminate on the basis of race, color, religion, gender or national origin.



<u>Table of Contents</u>	<u>Page</u>
Welcome to Wallace Figure Skating Club	3
Important Information 'To Know	3
General Membership Meeting	4
Club Officers and Board of Directors	4
Professional Staff	4
Committees	4
Volunteers	4
Junior Helpers	5
Membership Fees and Payment Schedule	5
Newsletters, Calendars and Website	5
Attendance and Music	6
Snow Days	6
Make-Up Policy	6
Walk-On Policy	6
<u>Special Events</u>	
Halloween Party	7
Exhibition/Open House	7
Basic Skills Competitions	7
Test Sessions	7
<u>Annual Show</u>	
Spotlight Performances	8
Committees	8
Tickets	8
Group Numbers	8
Rehearsals	9
Costumes	9
Program Book Pictures	9
Program Book Advertising	9
Parent & Daughter/Son Group Number	9
<u>Badge Programs and Group Lessons</u>	
Learn to Skate	10
Basic Skills	10
Group Freestyle/Field Moves	10
Group Power/Edge	10
Group Ice Dance	10
Basic Skills Synchronized Skating	11
Equipment	11
Clothing	12
Accessories	12
General Skating Rules	13
Free Skate Rules	13
Field Move Rules	14
Music Rules	14
Ice Schedule	14
List of Dates 2011	15
List of Dates 2012	16

Welcome to the Wallace Figure Skating Club

This hand book was created to answer your questions. If you have additional questions which are not covered in this handbook any of the Club Officers, Directors and Professional Staff will be happy to answer them for you. This is *your* club and we hope you will enjoy skating with us.

Important Information 'TO KNOW'

- **Skaters/Parents stay informed:** WFSC information changes throughout the season. Use the following tools to stay informed: Read this Handbook, Get a Club Calendar, Visit the website (www.wallacefsc.com), Read the monthly Newsletter, Check the bulletin boards in the Clubroom, Attend General Membership Meetings, Become a Volunteer, Visit the Clubroom and ask questions.
- **Attendance:** During group lessons attendance is taken. All other **skaters MUST check-in in the Clubroom**. If a skater is using a Make-Up, Junior Helper Credits, doing a Walk-On, or using Music you **MUST** tell the Clubroom Worker(s). It is the skater's responsibility to tell us what you're doing.
- **Badges:** If a skater passes a level, the passing certificate is to be brought to the Clubroom. The skater will receive a badge and recognition will then be submitted to the Newsletter coordinator.
- **Change of Membership or Ice Times:** If a skater advances in membership level (BS to FS) or ice times change (BS to FS) this must be reported to a Board Member in the Clubroom. Billing and schedules will then be updated.
- **Competitions and Testing:** If a skater is to compete or attend a USFS Test Session their Memberships and accounts must be up to date. Applications must be verified and signed by an Officer or Test Chair.
- **Annual Show:** Show preparations start in November. If your skater wants to participate in the annual show please keep informed and abide by deadlines.
- **Private Lessons:** WFSC has Professional Coaches available for private lessons. Arrangements can be done directly with them. A resume book can be found in the clubroom.

General Membership Meetings

Fall Meeting: Each October the Wallace Figure Skating Club (WFSC) holds its Annual Fall General Membership Meeting. This meeting serves as an opportunity to welcome all members, new and old, to another year and to elect three individuals to serve on our Nominating Committee. The Club Officers, Board of Directors and the Professional Staff are introduced and address questions or concerns regarding the new season.

Spring Meeting: At the close of each skating season, usually April or May, the WFSC holds its Annual Spring General Membership Meeting and elects Officers and Directors for the next year. Each family with at least one full member is permitted a single ballot. Full members 18 years or older or parents of a full member may choose to run for an office. Interested persons should contact a member of the Nominating Committee or a member of the general membership may be nominated at the meeting.

Club Officers and Board of Directors

The WFSC is run by the Club Officers and a Board of Directors (up to 12 people total) who have been elected by the club's general membership at the Spring General Meeting. Each Officer's and Director's term of office is one year (July 1 through June 30). The people elected to the Board are usually parents of skaters in the club who decide to get involved for the purpose of making the WFSC a club in which their children can enjoy skating. These people are volunteers who receive limited compensation for their many hours of clubroom duty per week, attendance at all meetings, and overall club management responsibilities.

Professional Staff

Professionals are hired by the WFSC to instruct group classes and to choreograph our Annual Show group numbers. Our Professionals also give private lessons, which can be arranged directly with them. A resume book can be found in the clubroom.

Committees

Various committees comprised of Board members and Professional Staff are created throughout the year. These committees include Annual Show Committee, Annual Show Directors, Test Chairperson, Basic Skills Coordinator, Walla Bear Competition, Newsletter/Internet/Calendar Publication, Pro Advisor, Publicity Coordinator, and Charity.

Volunteers

The Wallace Figure Skating Club is a nonprofit organization made up entirely of volunteers. Our Professionals are the only individuals receiving compensation, but they also volunteer a great deal of their personal time to organize our parties and the Annual Show. Throughout the season, many volunteers are also needed for all kinds of jobs, including committee help. The WFSC is your child's skating club and we hope you will find some time to assist us and make this a successful year.

Junior Helpers

During Basic Skill Level 1-8 Group Lessons, the club's Professional Coaches may be assisted by Junior Helpers. The role of the Junior Helper is to guide skaters through portions of organized sessions where skaters are expected to practice elements previously taught by our Professional Staff. The Junior Helpers are not expected to introduce new elements or give individual instruction. In return for their participation in this program, Junior Helpers receive a 50-minute ice credit for 3 group lessons in which they assist. These credits are available for the skater to use towards walk-on ice credit. Any Club Member who is at least ten (10) years old and has reached the Freeskate 1 level is eligible to become a Junior Helper and is encouraged to speak with the head of our Basic Skills program for more information.

Membership Fees and Payment Schedule

Membership Fees: Membership fees are to be paid at registration and are *non-refundable*. All club members are registered with the United States Figure Skating (USFS) and will receive a USFS membership card each year. Club members are entitled to participate in all club activities and skate on ice purchased by the WFSC at a reduced rate. Only Full Club Members or parents of Full Club Members may vote at General Membership meetings

Group Class and Practice Ice Payment Schedule: The skating season is divided into two sessions. Session 1 is September to December. Session 2 is December to March. Group class skaters and open ice skaters are encouraged to pay ice options prior to the start of each session. **Session 1 final payment is due no later than December 1 of the skating year. Session 2 final payment is due no later than March 1st. Interest will be charged at 18% per annum on amounts due that remain beyond March 1st. Skaters will not be permitted on the ice if they have not registered for each session.** Bills will be sent Monthly reflecting the total balance of options purchased. **Remember, if a skater wishes to apply for an Annual Show Spotlight Performance, he/she must have purchased at least two options, per session, for the entire season (Session 1 and Session 2), which must be Freestyle or Group Freestyle, within 14 days of the beginning of Session 1. Current Synergy team membership equals a session.**

Newsletter, Calendar and Website

Each month a newsletter is published to keep our skaters and parents informed of changes in policy and to offer our congratulations to competitors and testers. Ice times may change occasionally. The newsletter will announce these changes as well as important dates and deadlines for the many club activities described in this handbook. A copy of the monthly newsletter and calendar is available both in the clubroom and on the club's website (www.wallacefsc.com). Competitors and testers wishing to have their results printed in the monthly newsletter must leave this information in the newsletter box in the clubroom before the 15th of the month.

Attendance and Music

During group lessons skaters' attendance will be taken by the club Professional coaches. All other skaters are to sign-in in the clubroom prior to taking the ice. At this time the skater is to notify the music player if they are intending to use music during that session. Please see 'Music Policy' for more details.

Snow Days

During inclement weather, the Wallace Civic Center (and consequently the WFSC) only closes when the Governor declares a state of emergency. To determine if a state of emergency has been declared, check with the Commonwealth Of Massachusetts website (www.mass.gov) or with your local town hall, police or fire department. Please note that make-up cards can be issued for classes missed as a result of hazardous weather conditions, regardless of whether a state of emergency has been declared or not. You can call the clubroom phone line to have a make-up card issued for the missed option.

Make-up Policy

Make-ups are permitted for all options for any reason. Makeup cards will expire at the end of each season. Cards cannot be redeemed for cash or credit. The skater or parent **must** call or visit the clubroom **prior** to the missed option, or lose the opportunity to make up the missed option. All requests will be recorded by a Board member on a make-up card, which will be kept in our file for future use. When using a make-up, the skater will report to the clubroom that they are intending to use a make-up. The skater will skate as a walk-on and will adhere to the same rules as other walk-on skaters purchasing ice. Learn to Skate member make-ups will expire at the end of the LTS Session which the lesson was missed.

Walk-on Policy

WFSC members will always have priority over non-club members. Skaters who have an option will not be replaced unless they have notified the clubroom that they are not skating. If a skater does not arrive within 10 minutes of the start of their session and sign-in in the clubroom, they may be replaced, unless they have notified the clubroom that they will be late. Phone reservations will be accepted on the day of the session and will only be held until the session begins. A request for a walk-on skater present in the clubroom will take priority over a phone request, if they are received at the same time.

Special Events*

Halloween Party

Our club will celebrate this holiday by hosting a Halloween Party in conjunction with the General Membership Meeting in October. Skaters may come in costume. Details will be forthcoming.

Exhibition and Open House

Each year our club will host an exhibition and open house. The day and time will be announced in the calendar and newsletter. During our exhibition, all of our skaters may perform individual or small group programs. This event serves as an opportunity for our skaters to gain experience performing in front of an audience. Family and friends are encouraged to attend, and admission is free. An open house will immediately follow our exhibition

Basic Skills Competitions

Applications for upcoming Basic Skills Competitions are posted on the bulletin board in the clubroom when they are received. The purpose of the basic skills competitions is to provide skaters in the badge programs an opportunity to compete against other skaters at their own level. Medals or ribbons are usually awarded to all participants. A skater is allowed to compete in their last badge level passed and/or one level higher. All skaters who have not passed any USFS tests, including Pre-Preliminary Moves in the Field and pre-preliminary Freeskate, are eligible to compete. Skaters who have passed some of these tests may be eligible to compete. Please see the individual competition requirements for details.

Test Sessions

Test Sessions are held periodically at WFSC. The USFS Moves in the Field and Freeskate tests are divided into eight levels in the following order: Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior and Senior. Specific test requirements can be found in the USFS rulebook, which is available for review in the clubroom.

*The club makes every attempt to schedule these two events each year, but is not always successful due unforeseen circumstances, such as ice schedule conflicts. Members should consult the newsletter or ask a board member to get current information on these events.

Annual Show

The WFSC holds its Annual Show at the end of the regular skating season. All LTS, limited and full membership skaters are invited to participate.

Annual Show Spotlight Performances

Requirements: Skaters interested in participating in the Annual Show as a solo/duo/trio should observe the following requirements:

- Each skater must be a current, registered, home club member of Wallace FSC, signed up within 14 days of the beginning of Session 1. Home club membership must be maintained for the entire season (Session 1 and Session 2).
- Each skater must have purchased at least two options, per session, for the entire season (September - March), which must be Freestyle or Group Freestyle, within 14 days of the beginning of Session 1. Current Synergy team membership equals one Freestyle option.
- Each skater must have passed Freeskate 5 for a solo. Each skater must have passed Freeskate 4 for a duo or trio. Duo and trio groupings will be decided by the show committee, and will be in the advanced Freeskate group number.
- Each skater must have her/his music and costumes approved by the Show Directors.

Annual Show Committees

The success of our show depends directly upon the support of all our membership. Each parent serving on at least one committee will receive a free show pass. This pass will allow admission to all the shows. A sign-up sheet is posted in the clubroom in January.

Annual Show Tickets

Tickets are available in advance to each show skater to sell to relatives and friends. Advance ticket sales are normally available at a reduced price compared to door sales the day of the show. Each club member family, participating in the show, will be expected to sell a minimum of five show tickets. All members must return their ticket sales before Dress Rehearsal. Check the clubroom for details in late February.

Annual Show Group Numbers

Learn to Skate and Basic Skills skaters are invited to participate in one group number. Basic Freeskate 1 and above are invited to participate in two group numbers. A cut-off date in November / December is established in order to receive costumes in time for the show. (Example: If you skate in the Basic 3 class in November / December, you will be placed in the Basic 3 group number in the show). These rehearsals are the only times the skaters will practice their routine for the show. It is imperative for all skaters to attend all of their scheduled practices.

High School seniors will have an opportunity to be featured during their group number if they choose.

Annual Show Rehearsals

Each skater in a group number will be required to attend three (3) half-hour rehearsals the week preceding the show and attend the dress rehearsal the Friday before the show.

Annual Show Costumes

Our costumes are ordered through companies who primarily service dance. The Professional Staff tries to make selections which suit the music, range of sizes required, and price range. All group numbers will be in costume. All skaters are to be measured by parents (or stop by the clubroom if help is needed). Payment is necessary to complete all orders. Costumes will be distributed during group number rehearsals. Any skater with any outstanding balance due to the WFSC will not receive their costume until paid in full.

Annual Show Program Book Pictures

Program book pictures will be taken for all group numbers on a Saturday morning in December or January. Please see the Master List of Dates for details. A schedule will be made available prior to picture day. Skaters will not have their costumes for these pictures. They may wear an outfit they typically wear during lessons. Soloists Program Book Pictures may be taken by the photographer provided by WFSC or an electronic picture submitted from an outside source. Please see the Master List of Dates for deadlines.

Annual Show Program Book Advertising

On program book picture day, solicitation packets for advertisements in the program book will be distributed. The revenues are used to pay for the photography and printing of the show program books. All skaters are encouraged to ask local businesses and/or family businesses to advertise in our program book.

Annual Show Program Book Skate Ads

To send best wishes to a skater or thanks to your coach, a skate ad may be purchased. Ads will be distributed on picture day and will be available in the clubroom until mid-February.

Annual Show Parent & Daughter/Son Group Number

Each year the WFSC includes a Parent and Daughter/Son number in the afternoon and evening performances. Over 200 skaters participate in this number; it is always a big favorite of skaters and audiences alike. To include the names of all our participants in the program book, a sign-up sheet is posted in the clubroom in January. A practice session for the Parent and Daughter/Son is held prior to the show and again at dress rehearsal.

Badge Programs and Group Lessons

The Basic Skills Program used by the WFSC was created by the United States Figure Skating Association, the governing body of figure skating in the United States of America. All boys and girls progress at their own pace, and each level contains several skills to be learned. Lessons are taught by our Professional Instructors and assisted by Junior Helpers. As skaters pass each level, they are awarded a colorful sew-on badge available in the clubroom.

Learn to Skate

The Learn to Skate “Snow Plow Sam” program is suggested for younger children who have never skated. **All skaters in Learn to Skate are required to wear helmets.** LTS group lessons include a club Professional Coach’s instruction. Older children may be placed directly in Basic Skills.

Basic Skills

The Basic Skills program is designed to give skaters the fundamentals necessary to enjoy the sport of figure skating and to develop skills required in mastering more advanced spins and jumps. Classes are grouped by skating level and given ½ lesson with a club Professional Coach and ½ of practice session which may be supervised by a Junior Helper. Basics Skills badges 1-8 are awarded to skaters as they pass through each level.

Group Freeskate/Field Moves

In the six Freeskate badge levels, skaters will concentrate on learning the jumps, spins and footwork necessary to be a freeskate skater. In Group Field Moves, skaters work in groups to master the moves necessary to advance in the newest USFS test structure – Moves in the Field Tests. Classes are grouped by skating level and given ½ lesson with a club Professional Coach and 1/2 practice session.

Group Power/Edge

Group Power/Edge classes are offered for all skaters in Freeskate One and above. Power/Edge teaches proper edge control needed for take-off and landing of all jumps, entry and exit of all spins, and all connecting moves in between. It supports injury prevention by promoting strength training and flexibility of the entire body.

Group Ice Dance

Group Ice Dance classes are offered for all skaters in Basic 6 and above. Ice Dance teaches correct stroking, correct use of the blade, timing and pattern of dances.

Basic Skills Synchronized Skating Badge Program

The purpose of Synchro 1-4 is to introduce Basic Skills level skaters to the fundamental skills of synchronized skating. As appropriate, skills that skaters are learning in Basic 2-8 are incorporated in the requirements to reinforce these individual skills and to teach them how singles skating skills are incorporated into synchronized skating.

Each Level contains progressively more difficult variations on the five basic elements: Circle, Line, Block, Wheel and Intersection (introduced in Synchro 2).

Equipment

For skaters of all levels, the choice of proper equipment takes careful consideration. Following are some suggestions for what to look for in skates, clothing, and accessories:

Skates: Skates are the most important piece of equipment your skater will need. To get the most out of your lessons, you should get the best skates you can afford. **No double blade skates should be used.**

New or Used? A good used pair of leather skates will often cost no more than a new pair of vinyl skates. Used skates can be purchased at most sporting goods stores specializing in figure skates and skating apparel. Often, especially in smaller sizes, young skaters outgrow their skates long before they are broken down.

What to look for: When purchasing new or used skating boots, select a skate that has enough support around the ankle to keep the foot from flopping side to side. A proper fit is essential for comfort and control. Skates which are too big do not provide the needed support. With the skates laced, the heel should not lift up when walking or bending. Boots should fit snugly around the back of the heel, allow you to insert a finger in the back of the boot and there should be room to wiggle your toes.

Proper Lacing: Tighten the bottom portion of the laces so that they are snug (no slack) but not too tight. To ensure proper support for the ankles, the tightest point of lacing should be at the instep. Follow by crisscrossing the laces snugly around each hook. Tie a secure bow at the top, making sure the ends of the laces do not drag on the ice.

What about blades? Some entry-level skating boots come with the blades already attached, but generally boots and blades are sold separately. Most beginners will start with a combination blade. These blades are less expensive and can be used for all types of skating. Some blades are designed specifically for freeskate, compulsory figures, ice dancing and synchronized skating. As skaters progress, their needs will become more specific. Skate guards will protect the blades when walking around off the ice, but if you keep the skate guards on the wet blades, they will rust in just a few hours. After skating, the blades will need to be dried off and should be stored with terry cloth blade covers. Blades will need to be sharpened periodically. The equipment and technique used to sharpen figure skate blades is different from hockey skate blades. Be sure your skater's blades are sharpened by a professional who knows how to, and uses, the proper equipment and techniques. If you have any questions please ask a coach.

Clothing

For the beginner: Warm, stretchy clothing is suggested. A sweat suit with a turtleneck jersey and mittens or gloves would be a good choice. The clothing should not be too tight and confining; skaters need to move freely. Neither should they be too loose or long that the skater could catch their skates in their clothing. It is best to wear multiple layer so that a skater can add or remove layers as needed. Thin socks or tights should be worn on the feet. Bulky or thick socks may limit the support provided by the boot and may also create “lumps and bumps” inside the boot.

As skaters advance: Many like to choose clothing that offers greater freedom of movement and allows spectators and coaches to observe the skater’s body position or line. For practice, girls usually choose to wear skating skirts/shorts or dresses made of lycra spandex, tights, and a sweat shirt or sweater. Boys often wear sweat pants, cotton knit jerseys, and a jacket or sweat shirt.

Basic Skills Competition: Boys and girls usually wear something special, but there are no specific dress requirements.

Accessories

Helmets: Helmets are required for all children in Learn to Skate. Most sporting goods stores carry adjustable helmets for biking and skating.

Protective Pads: Pads for knees and elbows can prevent those bumps and bruises from spoiling a good time. Skaters learning to jump often purchase a pad for their bottom called a “crash pad.” This fits like a diaper and has Velcro fasteners. Some like to keep it simple and use a thick sponge to ease a sore spot.

Skate Guards: It is best if skaters have hard skate guards to place over their blades as they walk around off the ice. Dirt and some surfaces can dull or nick the blades.

Blade Soakers: These soft blade covers soak the water off of the blades after skating keeping the blades from rusting.

General Skating Rules

The following rules have been adopted by the WFSC to give all skaters the opportunity to pursue their skating goals in a safe, friendly and responsible manner.

- First Aid Rule: Do not move any person who has possibly become injured. Great harm can be done. If a skater falls and there is any possibility of a serious injury, do not attempt to assist the skater off the ice. A Professional or Director is to be notified immediately.
- If a skater falls and is not hurt, he or she should get up as soon as possible to avoid accidents or unnecessary concern by other skaters, pros or clubroom workers.
- No one is allowed on the ice without skates except Professionals teaching a lesson or Officials observing a skater.
- No food, gum or beverages other than non-breakable containers, are allowed on the ice or along the boards.
- No one is allowed on the ice without having signed in and paid for the option or if walk-on arrangements have been made prior to the session.
- Skaters are required to clear the ice immediately at the conclusion of the option.
- Do not leave debris or personal articles along the boards at the end of a skating session.
- If a skater is being a disturbance to others, any professional or director has the right to speak to him or her. That skater may be asked to leave the ice.
- No parents are allowed on the ice during lessons.

Freeskate Rules

- Show respect and courtesy to all other skaters.
- No shadow skating along with other skaters doing their programs, with or without their permission.
- Place all articles of clothing securely along the boards.
- A maximum of 22 skaters are allowed on the ice during freeskate or field moves.
- All skaters must yield to the person doing his/her program and give special consideration to skaters having a lesson. Non-compliance with this rule can result in a skater being asked to leave the ice.
- Skaters taking a lesson have the right of way over skaters not in a lesson.
- One-foot spins must be practiced in the "spin corner", (Zamboni end of the rink), unless a skater is receiving a lesson or skating his or her program.
- Double lutztes and double flips will be practiced in the corners at the clubroom end of the rink, unless a skater is receiving a lesson or skating his or her program.
- No sitting along the barriers.
- The number of pairs on the ice during freeskate will be limited according to guidelines posted in the clubroom. The person in charge of the clubroom will refer to these guidelines and make the final determination.

Field Moves Rules

- Always keep your head up and watch for other skaters.
- No jumping or spinning is allowed on ice at any time during a Field Moves session.
- All Field Moves sessions will begin with clockwise moves for the first half of the session, and then counter clockwise for the remainder of the session.

Music Rules

- Music must be turned into the music player when checking in. Skaters are responsible to picking up their music. WFSC will not be responsible for missing or misplaced music.
- Music will be played in the following order: skaters with options, in the order they are checked in; WFSC member walk-ons; and non-member walk-ons. Pros may request music one time per student during a student's lesson. The music will then be placed at the end of the rotation.
- Skaters cannot request their music be restarted.

2011 – 2012 Ice Schedule

Thursdays:

4:30 – 5:20	Learn to Skate / Basic Skills/Group FreeStyle
5:20 – 6:10	Free Skate / Field Moves 1
6:10– 6:30	Power Edge
6:30 – 6:40	Ice Make
6:40 –7:30	Free Skate / Field Moves 2

Saturdays:

7:50– 8:40	Free Skate / Field Moves 1
8:40 – 9:30	Free Skate / Field Moves 2
9:30 – 9:40	Ice Make
9:40 – 10:30	Free Skate / Field Moves 3
10:30 – 11:20	Learn to Skate / Basic Skills/Group FreeStyle

2011-2012 List of Dates

Event	Date	Day	Time	Venue
Registration	8/27/2011	Saturday	10am-12	Gaetz
	9/1/2011	Thursday	6-8 pm	Gaetz
Session I Begins	9/8/2011	Thursday		Gaetz
Solo/Duo/Trio Option Registration Deadline	9/22/2011	Thursday		
Schedule Change – No FS/FM 1	10/20/2011	Thursday		Gaetz
Halloween Ice Party	10/23/2011	Sunday	3-4 pm	Gaetz
Fall General Membership Meeting	10/23/2011	Sunday	3-4 pm	Gaetz
Last week of LTS Session A – Thursdays	10/27/2011	Thursday		Gaetz
Schedule Change – No FS/FM 2	10/27/2011	Thursday		Gaetz
Last week of LTS Session A – Saturdays	10/29/2011	Saturday		Gaetz
Schedule Change – No LTS/BS/GrFS	11/3/2011	Thursday		Gaetz
LTS Session B (Saturdays) Begins (6 wks)	11/5/2011	Saturday		Gaetz
Schedule Change – No LTS/BS/GrFS	11/10/2011	Thursday		Gaetz
No Ice	11/17/2011	Thursday		Gaetz
No Ice	11/19/2011	Saturday		Gaetz
No Ice - Thanksgiving	11/24/2011	Thursday		Gaetz
Ice moves to Landry	11/26/2011	Saturday		Landry
Session 1 Balance Due	12/1/2011	Thursday		
LTS Session B (Thursdays) Begins	12/1/2011	Thursday		Landry
Deadline Show Levels	12/8/2011	Thursday		
End of Session I	12/8/2011	Thursday		Landry
No Ice	12/10/2011	Saturday		Landry
Session 2 Begins	12/15/2011	Thursday		Landry
Costume Order Deadline	12/22/2011	Thursday		
No Ice – Christmas Eve	12/24/2011	Saturday		Landry
No Ice – New Years Eve	12/31/2011	Saturday		Landry

2011-2012 List of Dates

Event	Date	Day	Time	Venue
LTS Session B (Saturdays) Ends (6wks)	1/7/2012	Saturday		Landry
LTS Session C (Saturdays) Begins	1/14/2012	Saturday		Landry
Program Book Pictures	1/14/2011	Saturday		Landry
WFSC Exhibition	1/14/2012	Saturday	TBA	Landry
LTS Session B (Thursdays) Ends	1/19/2012	Thursday		Landry
LTS Session C (Thursdays) Begins	1/26/2012	Thursday		Landry
Walla Bear Competition	2/11/2012	Saturday	10:50-1:50 pm	Gaetz
No Ice	2/18/2012	Saturday		Landry
Test Session	2/20/2012	Monday	8-12 am	Gaetz
Session II Balance Due	3/1/2012			
NO ICE	3/3/2012	Saturday		Landry
ICE CHANGE-in Gaetz	3/10/2012	Saturday	8-11:30	Gaetz
WSSC	3/10/2012	Saturday	11:30am-4pm	Gaetz
Session II Ends	3/17/2012	Saturday		Landry
Show Practice Begins	3/25/2012	Sunday	1:40 – 7:30	Gaetz
Show Practice	3/26/2012	Monday	4:20 – 7:30	Gaetz
Show Practice	3/27/2012	Tuesday	4:20 – 7:30	Gaetz
Show Practice	3/28/2012	Wednesday	4:20 – 7:30	Gaetz
Show Practice	3/29/2012	Thursday	4:20 – 7:30	Gaetz
Dress Rehearsals/Pictures	3/30/2012	Friday	6:00-9:00	Gaetz
Show Setup	3/31/2012	Saturday	8:00-12:00am	Gaetz
Show	3/31/2012	Saturday	1 pm & 6 pm	Gaetz
General Membership Meeting		TBA	TBA	TBA

*Dates and times subject to change. Look for announcements on website, in newsletter and signage.

Last Updated:

8/4/2011